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JOHANNA SCHNELLER
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metroLIFE



ICY EATERY stays HOT

Despite past food fights,
RAW:almond creators
energized for fifth year
metroNEWS

Treatment of witnesses called racist

MCDOUGALL INQUEST

Expert testifies
on officers'
actions after
police shooting

The actions of police in the minutes that followed the fatal shooting of an indigenous man in a low-income neighbourhood point to systemic racism, an expert witness testified Wednesday.

It's troubling that after police shot Craig McDougall, 26, in Winnipeg that his father and two other witnesses were handcuffed and kept on the ground for 40 minutes, Jonathan Rudin told an inquest into the death.

"It was clear that these three individuals ... were not a threat or a danger," Rudin said.

"I find it hard to believe that ... middle-class residents would

have been left handcuffed and on the ground."

Rudin, a Toronto-based law professor who has written studies for previous inquiries into conflicts between police and indigenous people, said the treatment of the witnesses "is not something that I think can be explained other than as an example of systemic racism."

Police officers have testified they were responding to a disturbance at McDougall's father's home on Aug. 2, 2008, following 911 calls about a possible break-in and stabbing.

Former sergeant Robert Bell told the inquiry three officers arrived and were confronted by McDougall. He was brandishing a knife and ignored repeated warnings to drop it before being shot, Bell said.

Rudin's views were challenged by Kim Carswell, lawyer for the Winnipeg Police Service, who suggested officers could not assume the witnesses were not a threat.

THE CANADIAN PRESS



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Snowed in with Tom Jackson

MUSIC

Travellers in shelter treated to impromptu performance

People stranded by a blizzard in a Manitoba town got a treat on Tuesday night when singer Tom Jackson put on an impromptu concert in the storm shelter.

A dump of snow and howling wind shut down the Trans-Canada highway at the Manitoba-Saskatchewan boundary, which forced people to hunker down in the town of Virden. Jackson and his Huron Carole musical group were travelling from Regina to Brandon, Man., and were among those stranded.

"Our Huron Carole concert is cancelled in Brandon," Jackson posted on social media Tuesday. "Highway closed. Stranded in Virden. Going to play for the folks here tonight. Lift spirits."

The Huron Carole is a touring musical production which raises donations for food banks.

Virden Mayor Jeff McConnell

said people were excited to hear that Jackson — best known as an actor on the TV show *North of 60* — was in the community. Word spread quickly that the founder of the Huron Carole concerts was going to appear at the local emergency shelter and was inviting musicians to join him.

With area hotels fully booked, about 60 people were staying in the shelter.

McConnell said Brandon's loss was Virden's gain. About 200 people braved the snow to hear Jackson and his group.

"Understand that, in order to get there, they're driving through some fairly significant drifting," he said. "Small cars should not be travelling on our streets in town."

The evening concert ended with Jackson leading the crowd in a rendition of *Silent Night* as he shook hands with members of the audience.

McConnell said people are grateful to Jackson and his group for lifting spirits while they waited out the snow.

"We cannot thank them enough for offering their talents," he said. "I have to say, it's probably part of the reason

why a number of the people who are staying in our facility without really wanting to are not complaining."

The Trans-Canada Highway reopened Wednesday afternoon around 2 p.m. local time from Headingley to the Saskatchewan boundary. Storm warnings were replaced with blowing snow advisories in Manitoba and more snow was expected.

Virden RCMP say there were more than 200 stranded motorists, including a five-kilometre line of parked semi trucks.

"Through challenging conditions, officers attempted to speak with every driver stranded on the highway last night. This morning, Virden RCMP and members of the volunteer fire department went to each vehicle to check on motorists and to provide food and water. Urgent medication, such as insulin, was also taken to motorists," RCMP said in a release.

RCMP Cpl. Matt Hipwell said officers and fire department workers faced many challenges working in blizzard conditions.

"Our community really came together to help those in need."

THE CANADIAN PRESS



Huron Carole group founder and Humanitarian Award recipient Tom Jackson. THE CANADIAN PRESS

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PORTAGE AND MAIN

Councillor seeks tax cash for transit

 **Braeden Jones**
Metro | Winnipeg

Anyone caught waiting in the snow for a delayed bus this week knows all too well how important timely bus service is, and so does the increasingly outspoken Coun. Jeff Browaty.

The North Kildonan representative issued a media release Tuesday outlining, among other things, the transit-related implications of opening Portage and Main to pedestrians, as Mayor Brian Bowman has said he'd like to do (but for which there is no money allocated and no concrete plan).

The councillor also noticed the 2017 draft budget hasn't been

adjusted to account for the city's share of \$120 million in savings found in the South West Rapid Transit P3 project, or how corresponding revenue from the 0.33 percentage-point property tax bump introduced last year to fund that project will be used if it becomes surplus.

By his own math, he believes the tax will raise \$185 million more than needed by the end of the P3.

"My suggestion would be to lower the rate as well as invest in traditional transit, because we've seen decreases in regular service," he said.

"What I'm hearing (from constituents) is it's frequent the bus will already be full and won't pick up passengers... that's a frequent problem."

Early figures for buses

 **Stephanie Taylor**
Metro | Winnipeg

Winnipeg Transit could shell out \$6.8 million to purchase new buses and spend another \$1 million each year to maintain service levels if the city decides to reopen Portage and Main to pedestrians.

Coun. Jeff Browaty says these preliminary figures were presented during this year's closed-door budget dis-

cussions.

He released them on Wednesday, the day after he questioned why the 0.33 per cent of next year's property tax hike—which is earmarked to fund the final construction of the Southwest transit line—has not been adjusted to account for the \$120 million savings the city recently found.

"We need openness and transparency on the issue of opening Portage and Main," Browaty told reporters on Wednesday.

IN BRIEF

Residential parking ban

Have you looked outside? See all of that white stuff? It means parking bans.

According to a statement from the City of Winnipeg, a residential parking ban will be in effect for residents of certain "snow zones"

beginning at 7 a.m. Friday.

In order to learn more about the City of Winnipeg parking bans, residents can visit knowyourzone.winnipeg.ca or download the new Know Your Zone app to their phones.

BRAEDEN JONES/METRO



Chicago Blackhawks center Jonathan Toews NAM Y. HUH/AP PHOTO

Toews donates \$1M to where he started

PHILANTHROPY

Community centre's capital program gets a major pledge

 **Rebecca Chiu**
Metro | Toronto

Chicago Blackhawks captain Jonathan Toews has made a \$1 million donation to the Dakota Community Centre, where the hockey star first learned to play the sport.

The Winnipeg club an-

nounced the donation on Wednesday as part of the Dakota Future Capital Campaign. They said Toews will also serve as the campaign's "honorary chair."

The centre is located in the St. Vital neighbourhood where the 28-year-old star grew up.

"From my earliest days playing hockey, Dakota Community Centre has always played a pivotal role in my upbringing and my career," Toews said in the centre's news release regarding the donation.

"My parents have instilled in me the importance of giving back, and I believe that in supporting Dakota, we will see endless possibilities for the com-

We are so proud that Jonathan has chosen to give back to the community this way.

Toews' parents

munity centre's future and transformation in the lives of our community members."

The \$1 million pledge, which is considered the largest ever private donation to a community centre in Manitoba, will help

fund a new 60,000-square-foot field house along with the future development of the campus.

The new space will contain a 30,000-square-foot gymnasium, as well as a three-lane track and studio space for health and wellness classes, said the club. It will be connected to the Jonathan Toews Sportsplex and is expected to open sometime in the fall next year.

"We are so proud that Jonathan has chosen to give back to the community in this way," said Toews' parents in the release. "Our family has such fond memories of hockey practices and friendships made at the Dakota Community Centre."

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PORTRAGE PLACE

Bowman backpedals on secret meeting

CITY HALL

Bylaw change let council hold closed door meetings



Stephanie Taylor
Metro | Winnipeg

Mayor Brian Bowman is backtracking on a plan that would have allowed Winnipeg council the freedom to choose when it meets in secret.

On Wednesday, his inner-circle unanimously approved a plan to conduct annual performance reviews of city hall's senior bureaucrats.

The report included a provision to amend the city's in-camera bylaw to allow council to meet behind closed doors to review the performance of the city auditor.

But the change also gave council the discretion to meet

in secret for "other purposes." That raised concerns amongst some, such as Coun. Russ Wyatt, about the "carte blanche" powers it gave the mayor and officials since council is the top decision-making authority at the city.

"This cannot be allowed to happen because this is not going to be good for the future of the city and the democratic good of the city," Wyatt said on Wednesday.

"For a mayor who just ran on openness and transparency, he should be ashamed of himself for bringing this forward and leaving it as open ended as he did."

Bowman's office then released a statement hours later following a review of the plan.

"I feel the in camera authority recommended by the Public Service is too broad and went beyond the original intent of Executive Policy Committee and requires an amendment," Bowman said in the statement.

"After discussion with my

Executive Policy Committee colleagues, an amendment will be proposed to the bylaw recommended by the Public Service to require that Council's authority to go in camera be restricted to matters relating to the performance review of the City Auditor.

Doug McNeil, the city's chief administrative officer, told reporters earlier that the open-endedness of the clause was in order to give council the "flexibility" as to when it meets in private, and over what.

Land transactions and business dealings involving companies that wanted more privacy were some of the matters that could warrant a secret council meeting, he explained.

Mayor Brian Bowman.

STEPHANIE TAYLOR/METRO



CITY HALL

Mayor pitches for a lobbyist registry

Winnipeg's mayor wants a lobbyist registry set up at city hall.

Brian Bowman tabled a notice of motion during Wednesday's meeting of the executive policy committee, calling for the list.

The committee unanimously endorsed the ask, with only Coun. Scott Gillingham requesting that city staff provide a definition of which individuals and organizations fall under the term, lobbyist.

"Lobbyist registries are an effective tool that allows members of the public to clearly see who is attempting to influence government decision makers and



Lobbyist registries allows the public to clearly see who is attempting to influence decision makers.

Mayor Brian Bowman

the reasons behind their efforts," Bowman said.

Last December, council decided that if, and when, a registry were to be created it would be given oversight by the city's new integrity commissioner, who has yet to be named.

In Wednesday's release, Bowman says "it is important that we not move backward and allow old-school politics back into City Hall."

This is similar language he used in a recent email distributed to all of council accusing, Coun. Russ Wyatt and "lobbyist" Chris Lorenc, president of the Manitoba Heavy Construction Association, of trying to do just that.

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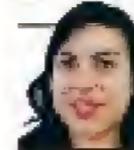


Owner and chef Mandel Hitzer and the supporting cast of deer + almond in Winnipeg on Wednesday. LYLE STAFFORD/FOR METRO

Restaurant on ice still totally cool

FOOD

RAW:almond draws Canada's best chefs for pop-up eatery

 Jessica Botelho-Urbanski
For Metro | Winnipeg

While they now refer to themselves as "an old married couple," the co-founders of RAW:almond were near strangers when they assembled their first pop-up restaurant together on the frozen Red River in 2013.

Chef Mandel Hitzer of deer + almond and designer Joe Kaltunyuk of RAW:Gallery met through a mutual friend in 2011, who introduced them because both had an affinity for the ephemeral — Hitzer with one-off secret dinners and Kaltunyuk with pop-up galleries.

Their collaboration, a restaurant on ice that seats 40 people on wooden stumps for meals

made by some of the country's best chefs, yielded great results.

"When we started, we didn't know if this would even work. Was it going to be a huge flop? Are we going to lose thousands of dollars?" said Hitzer. "Joe and I kind of maxed out our credit cards and just had that theory: 'If you build it, they will come.'"

"It's kind of crazy when you look back at where it started and where it's come to. That's kind of the energy that I'm bringing back to the river this year."

Having been featured in Arch-Daily and the New York Times, their admittedly "weird" idea doesn't seem so oddball anymore.

Last year's meals sold out in less than 24 hours, with the in-person line-up at deer + almond wrapping around the block one Sunday morning. Some people waited five and a half hours for tickets, Kaltunyuk said.

On Sunday, tickets will go on sale at The Forks starting at 9 a.m., though doors will open at 7 a.m. They opted for an indoor venue this time to be more comfortable and accommodating,

Kaltunyuk said.

But the lines for the hottest winter ticket in town are small potatoes compared to other obstacles the pair has dealt with — from the logistics of designing the structure and setting it up in time, to recruiting chefs from across Canada.

"We put in all these months and months of planning and organizing for 21 days and then it's torn away and it's gone," Hitzer said. "We're literally like an old married couple that bicker and argue and there's times where I didn't know if we'd ever talk again. But in the end, it's only brought us closer together."

+ TICKETS

RAW:almond will be open Jan. 20 to Feb. 13, 2017, with three dinner seatings per night. The restaurant will be closed Jan. 24 and 28 and Feb. 2 and 8 for private events. Tickets are \$162.50 each.

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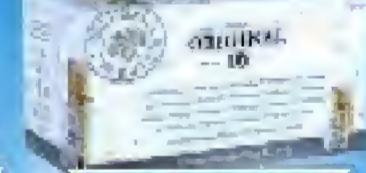
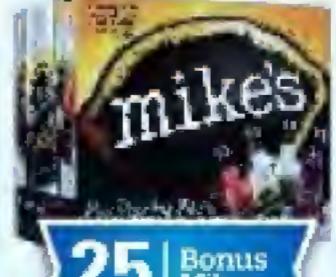
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Edmonton volunteers are offering carnations to women wearing hijabs with the message, "This is for you." KEVIN TUONG/FOR METRO

EDMONTON

Flowers fight racism

Janelle Venne is one of dozens of volunteers who handed out flowers to Muslim women Wednesday at Edmonton's University LRT station.

The daylong effort, where volunteers offered 1,000 carnations to women wearing hijabs with the message, "This is for you," is in response to recent news of a man holding a noose and threatening Muslim women at the station.

More than a dozen volunteers have stepped up to help.

Volunteers raised money for the flowers through local donations and from donations out-

side the city.

In just 24 hours, the Alberta Muslim Public Affairs Council raised \$500.

The flowers are in response to a Nov. 8 incident at the station, when an elderly man threatened two young women wearing hijabs.

One of the women took video of the man pulling a rope from his pocket, tying a noose with it before issuing the threat, "This is for you."

The man then proceeded to sing O Canada in front of the two women. Yesterday, police arrested a suspect.

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Sponsorship to speed up

GOVERNMENT

Another \$25M allotted for immigration backlog

Ottawa has vowed to cut the processing times and backlogs for spousal immigration applications by more than half with an expanded annual quota for 2017 and a new simplified application kit available next week.

Starting immediately, most spousal sponsorship applications submitted in and outside Canada will be processed within 12 months, down from the current average of 26 months and 18 months respectively, Immigration Minister John McCallum announced on Wednesday.

"We have listened to Canadians and are delivering results. Bringing families together makes for a stronger Canada.

Canadians who marry someone from abroad shouldn't have to wait for years to have them immigrate or be left with uncertainty in terms of their ability to stay," McCallum told a news conference in Brampton, Ont.

"What we are announcing today is a more efficient, more considerate process to reunite families."



Bringing families together makes for a stronger Canada.

John McCallum

Complaints by Canadians and their foreign spouses and dependants over long processing times and lengthy separations had fallen on deaf ears under the previous Conservative government.

Although the Liberals had made fixing the backlog a pri-

ority during the election campaign, the immigration department had been preoccupied with the ambitious project to resettle tens of thousands of Syrian refugees.

With an additional \$25 million allotted to reduce the immigration backlog in its 2016 budget, the immigration department has managed to reduce the processing times of spousal sponsorship applications by 15 per cent for inland applicants and by more than 10 per cent for those waiting overseas.

The government also raised the annual quota for foreign spouses and dependants this year to 64,000 people from 47,000 in previous years. With limited spots and increasing demands, the backlogs persisted and grew over time.

Sponsorship applicants welcomed McCallum's announcement, but remained cautious of the government's commitment.

TORSTAR NEWS SERVICE

EDMONTON Democracy survey is hackable

Ryan Tumilty
Metro | Ottawa

An Ottawa man said he has voted multiple times in the Liberal government's new democracy survey and believes it's designed to fail.

Ammario Reza said just by using different devices and logging onto a cafe's Wi-Fi he has managed to vote multiple times in the mydemocracy.ca website.

"All it asks for is a postal code and that's it. It accepted the results," he said. "It just kept accepting the results over and over again."

He said he backs a move to a proportional representation system and was disappointed the survey wasn't more substantial.

David Valentin, executive vice-president of Mainstreet Research, said the inclusion of a postal code actually helps create a survey that will be fairly measured.

"If 1,000 people in my postal code in Montreal fill out the survey, our responses are only going to count proportional to our population."



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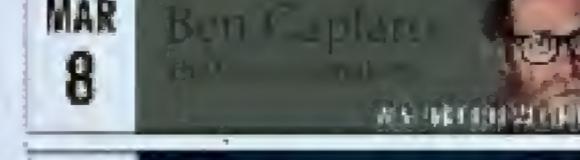
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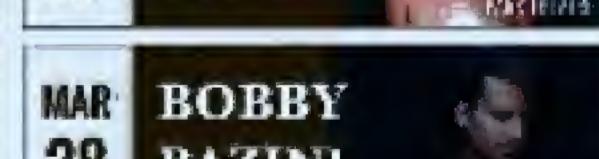
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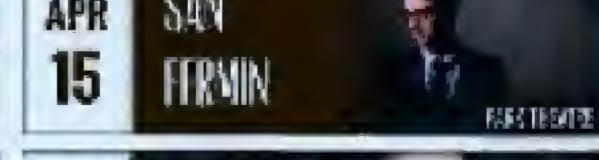
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Thousands shelter in mosques after quake

INDONESIA

Nearly 100 people killed, hundreds more injured

Thousands of people in the Indonesian province of Aceh took refuge for the night in mosques and temporary shelters after a strong earthquake Wednesday killed nearly 100 people and destroyed dozens of buildings.

Some were homeless after the quake made their houses unsafe and others were too scared to return home. Killer quakes occur regularly in the region, where many live with the terrifying memory of a giant Dec. 26, 2004, earthquake that struck off Sumatra. The magnitude-9.1 quake triggered a devastating tsunami that killed more than 100,000 Acehnese.

Maj. Gen. Tatang Sulaiman, chief of the army in Aceh prov-

ince, said at least 97 died in the magnitude-6.5 quake that hit before dawn Wednesday, while four people had been pulled from the rubble alive. The Indonesian government declared a two-week emergency period in Aceh and some aid was already reaching hard-hit areas.

The rescue effort involving thousands of search officials, villagers, soldiers and police is concentrated on Meureudu, a severely affected town in Pidie Jaya district near the epicenter. Excavators and rescue teams removed debris from shop houses and other buildings where people were believed to be buried.

The pace of the search slowed after night fall, hampered by rain and blackouts.

The U.S. Geological Survey said the earthquake was centred about 19 kilometres southeast of Sigli, a town near the northern tip of Sumatra, at a depth of 17 kilometres. The agency had initially placed the epicenter undersea. THE ASSOCIATED PRESS



Family members gather around earthquake victims in Pidie Jaya, Aceh province, Indonesia, on Wednesday. A strong earthquake rocked Aceh province, killing a large number of people and sparking a frantic rescue effort in the rubble of dozens of collapsed and damaged buildings. THE ASSOCIATED PRESS

Japan worried emoji will confuse tourists



Rebecca Chiu
Metro | Toronto

Japan is worried Westerners visiting for the Olympics in Tokyo will be confused by a popular map and sign symbol indicating hot springs, and expect food to be awaiting them instead.

The country is more than three years away from hosting the 2020 Summer Games, but officials think the onsen symbol looks too much like a

plate of hot food with steam rising from it.

The symbol representing hot springs is already included in emoji sets from both Apple and Google, who have taken inspiration from Japan's maps and signs.

The companies could have to do the same if Japan decides to make the change.

The country is reviewing some 90 other symbols as Japan prepares to host the Games and the tourists, athletes and media that come with the event.



Japan might change the 'onsen' symbol — meant to indicate hot springs. Officials worry Olympics tourists could mistake the symbol for hot food. TWITTER.COM

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VIEWS

Your essential daily news

Thursday, December 8, 2016

EMMA TEITEL ON A SNUBBED SUFFRAGETTE

I was ticked off that McClung wasn't going to appear on money until I revisited her life and times.

When I was a kid I had two heroes: Queen Hatshepsut, the fifth pharaoh of the eighteenth dynasty of Egypt, and Nellie McClung, the late and great suffragette of Winnipeg.

Like Queen Hatshepsut, McClung was a big fan of women's legal rights — a cause she fought long and hard for alongside the rest of "The Famous Five": Henrietta Muir Edwards, Irene Parlby, Louise McKinney and Emily Murphy.

In 1929, McClung and her peers successfully petitioned for a woman's right to be appointed to the Senate in the landmark "Persons Case" — now immortalized in Canadian history textbooks and more importantly, on TV, in its very own Canadian Heritage Minute. (When it comes to an important event in Canadian history, I do wonder, if there's no Heritage Minute to show for it, did it really happen?)

McClung was also a fierce proponent of property rights for married women, children's health and dental care, and safe working conditions in the typically gruesome factories of the day.

It's no wonder why so many of us assumed she'd be the first non-royal female face to appear on Canadian currency.

When Prime Minister Justin Trudeau announced earlier this year that a woman's face would at long last grace a Canadian banknote, McClung was believed by many to be a shoo-in for the position. And yet, despite being the favourite choice in online polls, McClung was not selected to appear on the official short list of female currency candidates. The final decision will be revealed Thursday.

In no particular order, the short list comprises E. Pauline Johnson, Viola Desmond, Elizabeth MacGill, Fanny Rosenfeld and Idola Saint-Jean: all remarkable and worthy candidates (whose achievements range from resistance to racism, to writing, to Olympic running), but who are also arguably far less known than McClung. And it turns out, far less controversial.

The McClung omission ticked off a lot of people. It ticked me off too, until I revisited the life and times of my childhood hero and learned

some pretty unsavoury things about the suffragette that my textbooks may have glossed over (or that I may have chosen to ignore). McClung did a lot of good, but she did a lot of bad too. And I'm not referring to the predictable breed of bad that almost everyone in her day was party to (for example, a casual prejudice against minorities and gay people). I'm talking about the kind of bad that verges on evil: like, say, championing eugenics and the forced sterilization of mentally disabled and mentally ill people.

Unfortunately, this sort of thing was Nellie McClung's bag, so much so that according to The Canadian Encyclopedia, McClung's public enthusiasm for eugenics was a big help in the passage of the Alberta Sexual Sterilization Act in 1928, a piece of legislation that enabled the sterilization of almost 3,000 people between 1929 and 1972.

Suddenly, McClung's omission from the currency short list doesn't seem quite so strange, does it? Suddenly, it makes a lot more sense.

A nation's currency — the

cash that lines our wallets and creases in our pockets — isn't a private institution or a university scholarship available to few; it's a public resource used (and abused) by all Canadians, the mentally disabled and the mentally ill alike. And I'd much rather see a personage grace my dollar bills who didn't count "legislate eugenics" among her life's greatest achievements.

Some critics of the McClung omission, such as Shannon VanRaes of Metro Winnipeg, argue that eliminating the suffragette from the running on account of her sterilization advocacy is proof of a sexist double standard. There are, after all a multitude of morally bankrupt men on our banknotes. Why should their faces remain crumpled on the cash in our purses, while McClung's is relegated to history textbooks?

But this argument is misleading. Because the question before us isn't about bank notes past — when people rarely, if ever, questioned the commemoration of a historical figure on account of his or her sins against a marginalized group. The question before us is about bank notes present. And in the present moment, and in the age of president-elect Donald Trump no less, it's a good thing that we don't jump to immortalize historical figures on our national currency who championed eugenics.

This isn't proof of an outdated sexist double standard. It's proof of a modern moral standard that bends toward the dignity of everyone.



VICKY MOCHAMA

An ode to Canada's own pronoun protector

I had hoped that if we stopped caring then one day Jordan Peterson would gracefully go away. In many interviews with the nation's press (And well, naturally. Of course. Who else?) He tells of how he was once a prof at Harvard. Just so you know he's the best, a super smart nerd.

As a professor, though, it seems he'd be a pest. Because, as the breadth and scope of his views suggest, He has no real interest in citing his sources. Or going back to solely teaching his courses.

But he won't fade away; no, he simply will not. He's determined to keep the outrage fires hot. Talking to C2C Journal, a mag of ideas, He shared a few of his own, and I was all ears: He won't use gender pronouns like xe, xim or xer. It's his right not to do so. (The law protects this cur.)

Yet none of that is new — not worth the contention. It's his other views that bear paying attention: Women weren't discriminated against, says he. An untruth so bold as saying a cat is a tree.

Although out of his depth, he continues to swim: The pill makes girls dislike macho men like him. What the research truly says, if you care to know is women's choices change, along with their flow. So in amplifying our tastes, the pill plays a part; It won't make us hate men — we do that cause it's smart.

Peterson spouts lines from Breitbart, The Daily Mail. Where science gets turned into a right-wing fairy tale. He worries he'll be fired for speaking his truth. I'm more concerned that he's teaching our youth.

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Dress to be the hottest person at the party

It's that time of year again. Jack Frost nipping at your nose, yuletide carols sung by a choir, and folks dressed up like ... well, thank goodness we're here to help you with that last one. Toronto-based fashion stylist Hazel Ong suggests using seasonal festivities as an excuse to sport something you wouldn't any other time of year. Oh, and: "wear something you can dance all night in," she says. Here are some outfit suggestions, broken down by personality type. NICHOLE JANKOWSKI/FOR METRO

The Flirt: show off a work-appropriate erogenous zone

December is still cuffing season, so if you're single and looking to lock one down then consider showing off this season's totally office-party appropriate erogenous zone: the shoulders. Off-the-shoulder has been everywhere since spring but for men, JW Anderson has been doing it since Fall/Winter 2013. Choose a seasonal fabric like a velvet or metallic.

The Centre of Attention: helical striped stockings

If you want to be the most talked-about person in the room then candy cane-striped stockings are for you. Pair red and white tights with a floral or brocade dress for the most impact. The Balenciaga Fall/Winter 2016 runway version seen here is available online, but for \$195 it might be worth checking your local sex shop first. Remember, you're looking for a helical stripe that winds up the leg — the idea isn't to look like the Wicked Witch of the West, you want your gams to look like two barber poles.



The Foodie: cinnamon browns and biscotti beiges

If you are what you eat, then why not dress the part? From cinnamon browns to biscotti beiges, head-to-toe nudes are everywhere thanks to Yeezy Season 3 and the Kardashian clan. May we suggest a gingerbread man-inspired ensemble? Choose an overcoat or blazer with oversized buttons to really finish the look.



Rihanna in Christian Dior and Solange Knowles is pictured at a Eckhaus Latta show. Knowles is also wearing Brother Vellies shoes, designed by Canadian Aurora James and carried at Nordstrom's The Space. PASCALLE SEGRETAIN AND MIREYA ACIERTO/GETTY

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HOLIDAY SAFETY

Drunk in a car: how did I get here?

Believe it or not, if you're driving drunk, getting caught by the cops is one of the best things that could happen to you.

"If (a driver) fails the breath sample, they would be advised that they're under arrest, they would be handcuffed and taken to one of our stations where they would be processed for driving over 0.08 alcohol content and driving impaired," says Constable Rob Carver, public information officer for the Winnipeg Police Service. Then your case would be turned over to the courts.

The alternative options? Crashing into



STOCK

something and causing thousands of dollars of damage, injuring yourself, injuring your car occupants, injuring others in another car — or killing yourself and/or killing others. All things considered, an arrest before you do any

of these things is the best scenario.

How did you get here in the first place? Don't leave the decision-making up to a drunk version of yourself — force your sober self to make plans in advance. Here's how to take

control:

Plan to take a cab and have the number in your phone. Stash your keys in a predetermined location when you arrive. Tell your friends and hosts that you've parked your car and you will either be cabbing home or crashing for the night. Anoint a designated driver — if everyone pitches in \$5 to the DD for the night, it's a nice reward to them for the service.

And never, ever get into a car with someone who has been drinking — even if they insist that they feel fine.

"We go to a lot of funerals for people who got into cars with somebody who said they were OK to drive," says Melody Bodnarchuk, Winnipeg and area chapter past president of Mothers Against Drunk Driving (MADD). "Don't do it. It's not worth it."

Bodnarchuk adds that the holidays are "a very difficult time" for victims and families of impaired driving, and encourages victims to email MADD Winnipeg's victims services volunteer at VS@winnipeg.madd.ca. Visit maddchapters.ca/winnipeg for more.

-NINA DRAGICEVIC



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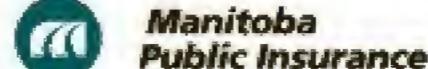
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IT'S THE SEASON TO REMEMBER FIRE SAFETY

In his forty-years with the Winnipeg Fire Paramedic Service, Russ Morrow can't remember a single holiday season where he and his crew haven't fought a fire that's started with a Christmas tree. That's why the United Fire Fighters of Winnipeg are reminding Winnipeggers to keep fire safety top of mind this holiday season.

"We had a bad one last January where a tree had dried out and caught on fire in a second floor apartment," says Morrow, a veteran platoon safety officer with the WFD. "People actually had to bail out the window and jump two floors to the ground."

"They go up so fast and it happened so quickly that they couldn't get out of their apartment."

Although the fall caused some broken bones, everyone was able to get out alive, but Morrow says that's not always the case.

"I relate it to throwing gasoline on a fire because a dry tree is truly that flammable," he says. "Keep them watered, make sure you're using the proper lights — indoor LED lights are the safest — and make sure you're using proper cords that aren't shorting out and don't overload your plugs around the tree."

Morrow says crews are also commonly called out to battle blazes that start in the kitchen dur-

ing the holidays, often because people simply have too many pots and pans on the burner at the same time.

"At Christmas people are really busy and they got so many things on the go on the stove at the same time and something ends up burning," says Morrow. "We just want to remind people to use practical common sense when they're doing their cooking."

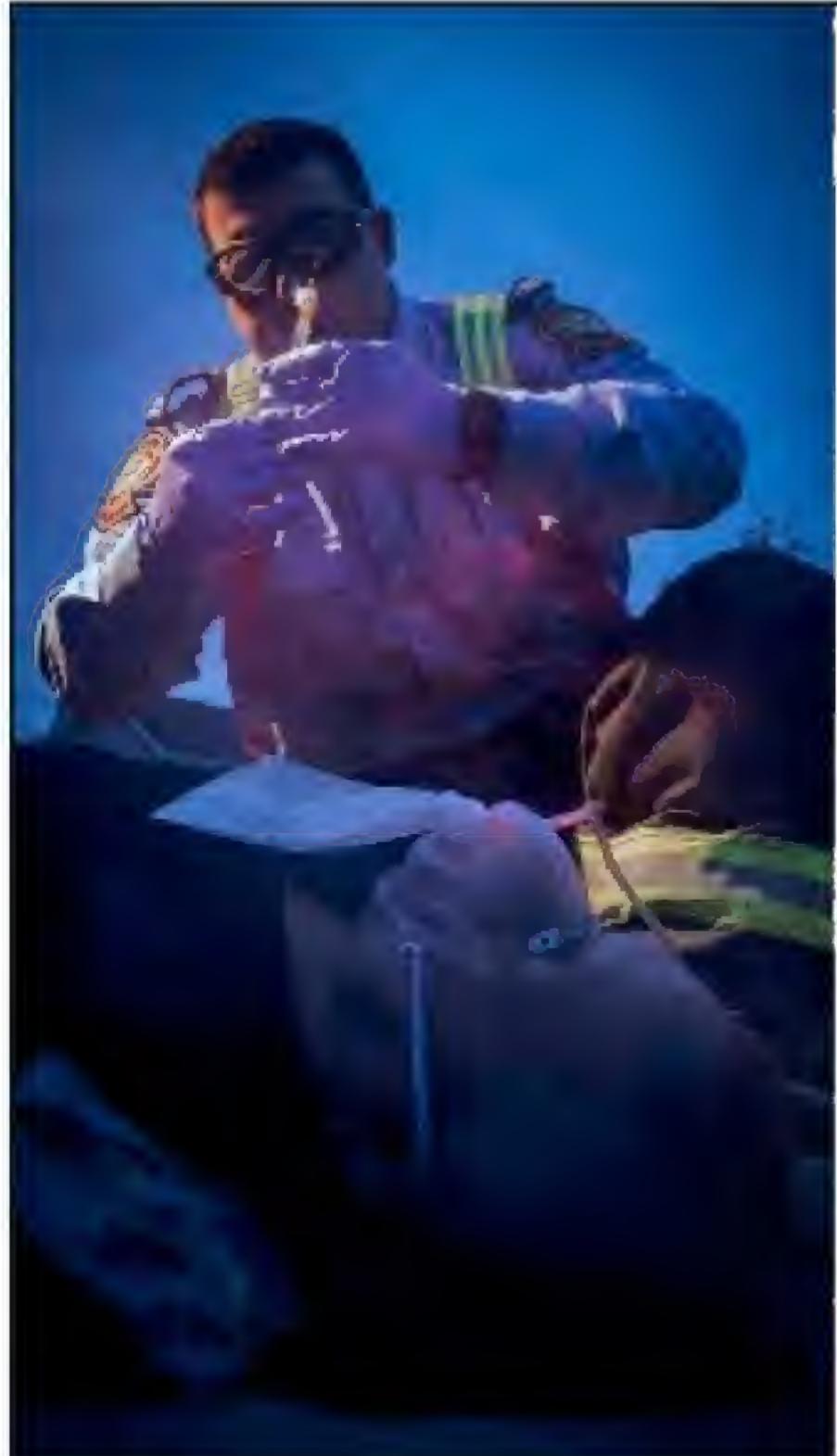
And it's not just around the stove where festive cooks need to be careful — Morrow says the growing popularity of deep frying turkeys is leading to more and more calls to the fire department.

"Almost every year it seems someone has one of those deep fryers in their garage and the garage is attached to the house and we see fires getting started that way," he says. "If people want to do the deep fried turkey thing that's up to them, but I would definitely do it outside and away from the house."

The UFFW also suggests the holidays are a good time to make sure your smoke and carbon monoxide detectors are all in good working order, and Morrow says keeping common-sense fire safety in mind will ensure the holidays remain merry for everyone.



CONTRIBUTED PHOTOS



WINNIPEG FIREFIGHTERS
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A host with the most is the one who looks after guests' safety

The holidays are a time of gatherings and togetherness with loved ones — but you shouldn't be gathered around hospital waiting rooms and police stations. It's startling how quickly a family celebration can turn to devastation.

"We in Manitoba have horrible impaired driving deaths on the highways and it's only climbing," says Melody Bodnarchuk, Winnipeg and area chapter past president of Mothers Against Drunk Driving (MADD). "Driving deaths — including those caused by impaired drivers — are killing a Manitoban every three and a half days."

The holiday season brings numerous factors together — less daylight and longer nights, poor weather and highway conditions and, of course, many holiday gatherings with office colleagues, friends and families, where drinking is practically de rigueur.

"Drinking isn't the problem," Bodnarchuk says, "drinking and driving is the problem."

If you are hosting a holiday party, your responsibilities are far greater than party platters and parlour games.

"One of the things is to not over-serve your guests and be aware of what they are drinking," Bodnarchuk says. "So you yourself need to keep sober enough, and to be vigilant. One of the tricks to know is that switching drinks does increase intoxication — for instance beer, liquor, then back to beer, then wine — switching drinks like that."

Other hosting tips include: have food readily available; avoid overly salty snacks, as these can encourage drinking; offer non-alcoholic drinks throughout; stop serving alcohol an hour before the party ends; serve

coffee and tea before guests depart; and offer spare rooms, futons and sofas for guests to spend the night. And, of course, you're responsible for the final check at the door.

"Offer to call them a cab, or if you yourself are sober, offer to take them home," Bodnarchuk says. "You can also offer to call Operation Red Nose, which is running this time of year."

Operation Red Nose — a free service, although donations are accepted — will dispatch a team to come to your party and drive your guest(s) home in their own vehicle. Visit rednosewpg.ca for more information or call 204-947-6673.

Sneaky mocktails

Having non-alcoholic beverages readily available will reduce how much alcohol your guests consume during the evening.

Create an eye-catching display of champagne flutes on a decorative platter, filled with "mocktails", sparkling juices or homemade holiday punch. Have lots of ice available. Guests will be tempted to pick up one of these fresh beverages and less likely to get continuous refills of wine, beer or liquor.

Try this Sparkling Apple Cider Punch, by Nancy Fuller, from FoodNetwork.ca:

Combine 2 (750 ml) bottles sparkling apple cider, 3 cups orange juice and 2 cups cranberry juice in a large, festive punch bowl. Slice two oranges into rounds and let them float on top. Have pretty glasses available and serve chilled over ice.

A joy to give, but not to kids.

A reminder that lottery tickets are for adults only.

18+



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'Full House' house scooped up by Full House creator for \$4M U.S.

MEET THE CONDO

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Project overview

This 12-unit development offers a chance to own a sophisticated space on Winnipeg's most prestigious street at an affordable price. Flexible design options let buyers customize their new homes to fit their lifestyles.

Housing amenities

Suites include modern kitchens, nine-foot ceilings, a choice of flooring finishes (vinyl, laminate, polished concrete) and optional outdoor patio space. The building also has a rooftop terrace and enclosed semi-underground parking.

Location and transit

Wellington Crescent is one of the city's premier running and cycling routes, linking Osborne Village to Assiniboine Park. Two bus routes stop in front of the building that provide direct access to downtown, the Exchange District, The Forks and Fort Garry.

In the neighbourhood

Popular patios like Bar Italia, Teo's and Saffrons are close by on the Corydon strip, along with shops and coffee bars. A small park overlooking the Assiniboine River and the start of the skating trail is right across the street.

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Location: 260 Wellington Cres.

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MOVE INTO A CULTURAL HUB THIS HOLIDAY SEASON

The holiday season is always chock-full of events and parties — an atmosphere you'll feel every day when you live in one of the liveliest neighbourhoods in the city.

Right in the heart of the Exchange District, District Condos' 110 James Ave. has just four suites remaining, with move-in-ready studio- to two-bedroom options now selling.

Residents there can get their gift shopping done at local boutiques and galleries just steps from the lobby.

This holiday season the shops in the Exchange District have banded together for their annual event Shop the Exchange. They're offering extended hours, plus plenty of giveaways and promotions to encourage shopping local.

Boutiques in the cultural district will hold special evening hours on Dec. 8 and 9, and get an 11 a.m. start on Saturday, Dec. 10. Shops like Kit and Ace, Lennard Taylor, Tara Davis Boutique, Tiny Feast, dconstruct jewelry, Boutique Anya and Hilary Druxman will keep their doors open longer.

With every purchase at a participating shop or gallery, you're entered to win one of two grand prizes — one of which

includes an overnight stay at the Mere Hotel and a four-course dinner with wine pairings at The Mitchell Block.

All this is music to the ears of anyone living in the Exchange. Residents there never have to wrestle through mall traffic or buy predictable trinkets from big-box stores.

"I think the best thing about living here is feeling like we have so many good options for spontaneous activities," says Jason Sheldon, a homeowner at District Condominiums.

First-time buyer Adam Sefton also found his home at StreetSide Developments' District Condos, and never tires of the endless options enticing him outside his door. "There's always something to do or see, whether it's in the Exchange District, at The Forks, or any nearby area," he says.

District Condos is now offering remarkable savings as it prepares to add a new building to its collection at 139 Market Ave. Inquire today about the savings at District Condos by calling Rhonda Funke and Shannon Goodwin of Rancho Realty Services (Manitoba) Ltd., at 204-219-4659, or visit districtcondos.ca for more information.



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"That's never been our mindset to coast at any point": QB Dak Prescott on his playoff-bound Dallas Cowboys

All in on 3-point stance

VIEW FROM THE 300s
Andrew 'Hustler' Paterson

It is somewhat ironic in an era where so much time and energy has been put into trying to improve all aspects of the NHL product that a simple clerical change might be the easiest and most significant way to help the game.

After being mostly ignored by the mainstream hockey media and NHL general managers over the last decade, the conversation over the NHL's ridiculous method of distributing points has resurfaced. It is about time and long overdue.

Right now, the NHL gives out two points to a team if it wins in regulation. If tied after 60 minutes it's off to overtime where each team gets one point and a bonus point is given to the team who wins in OT or a shootout. This has created an environment where some regular-season games are worth more than others, and in close games, teams tend to tighten up, hang back and get their guaranteed point before going to OT for a chance at a second point. It doesn't make sense and it is hurting the on-ice product.

The logical solution for this is to change to a three-point system where regulation wins are worth three points. If tied



The Red Wings' Henrik Zetterberg scores the deciding goal of the shootout against Jets goaltender Connor Hellebuyck on Tuesday night. TREVOR HAGAN/THE CANADIAN PRESS

at the end of regulation, both teams would receive one point each and the winner of OT or the shootout would get the extra point. Every game would be worth three points regardless of the outcome.

A three-point system would not only improve the product on a nightly basis in the league, but will also make playoff races more exciting. Here are a few of the benefits:

• A three-point regulation win gives coaches and teams much greater incentive to win in regulation, and discour-

ages teams sitting back in the third period of close games playing just to guarantee their point and hope for a second in the extra frame. This would immediately improve the

7
Chicago, Florida and Vancouver each had seven combined wins in overtime and shootouts to lead the league prior to Wednesday's games.

60-minute NHL product, especially in the third period of tied and close games.

• The proposed system also allows teams that are chasing to get into the playoffs more opportunity to make up ground on their rivals. Supporters of the current system will tell you how it promotes close playoff races and parity, but it is false parity propped up by the OT/SO "loser point." The proliferation of three-point games in the current system in fact makes it more difficult for teams to make

up ground despite appearing closer in the standings. That's why we hear the stats of how the playoff races in the NHL are mostly locked in by the beginning of December, barely a third of the way in to the regular season.

• Minimizes the importance of OT & the shootout. While 3-on-3 overtime and shootouts are incredibly exciting, most will agree they should have less of an impact on standings. In the three-point system both teams are playing for 33 percent of a value of a regulation win in OT/SO as opposed to gaining the same benefit of a win in regulation as it currently exists.

• Rewards the best teams for superior performance and legitimizes the standings in the league. That is why they play the games, right?

Any change on this will ultimately come from the NHL GMs who, to be honest, might not be the best people to decide on this considering how some benefit from the false parity the current system promotes. But for the good of the on-ice product and the integrity of league standings and playoff races it should at least be discussed again and reconsidered.

The time is long overdue to award three points for a regulation win in the NHL. Make the third period great again.

IN BRIEF

Jones stuck with loss by Swiss at the National

Winnipeg skip Jennifer Jones dropped an 8-3 decision to Switzerland's Binia Feltscher on Wednesday afternoon at the National being held in Sault Ste. Marie, Ont.

Jones, who's coming off a Canada Cup victory last weekend, gave up three points in the opening end and four more points in the fifth.

In men's play, reigning Canada Cup champion Reid Carruthers of Winnipeg topped American John Shuster 7-5. THE CANADIAN PRESS

Desmond, Rockies agree on 5-year deal: Report

All-star free agent outfielder Ian Desmond and the Colorado Rockies have agreed to a \$70-million, five-year contract, a person familiar with the

Ian Desmond
GETTY IMAGES

negotiations told The Associated Press.

A versatile 31-year-old, Desmond hit .285 with 22 homers and 86 RBIs this year in his lone season with Texas.

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Ceri Marsh & Laura Keogh
For Metro Canada

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Ingredients

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- 1 Tbsp olive oil
- 2 shallots, diced
- 2 cloves garlic, minced
- 1 Tbsp fresh chopped sage, plus more for garnish
- 1/4 cup ricotta
- 1 cup pumpkin purée
- 1 cup chicken broth
- fresh grated nutmeg to taste
- Salt to taste
- 1/4 cup water
- 1/2 cup Parmesan cheese, plus more for garnish

Directions

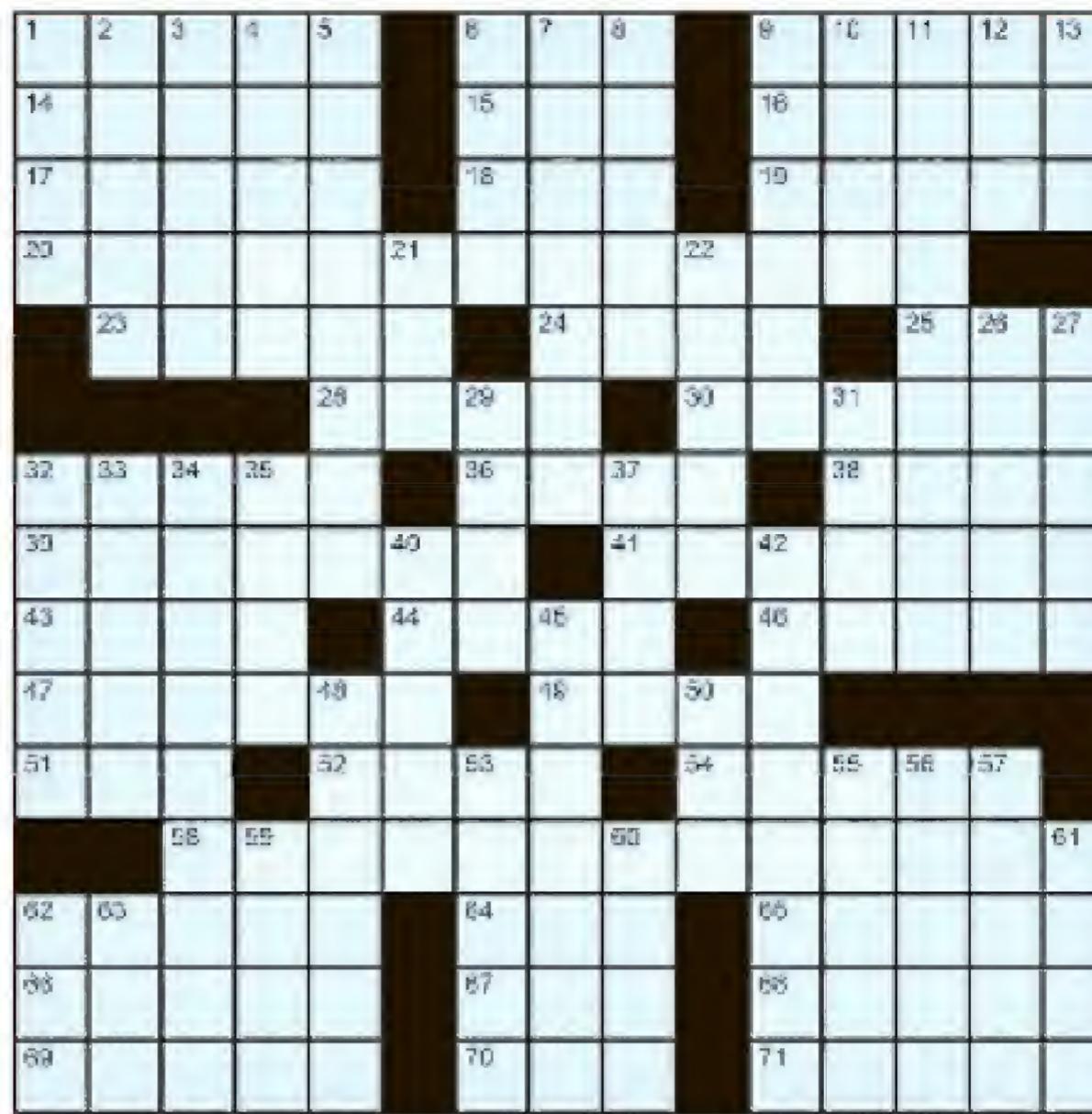
1. Cook pasta according to directions. Once al dente, reserve 1/4 cup of the cooking water and drain.
2. While pasta cooks, heat olive oil in a large skillet over medium heat. Add shallots, garlic and sage and cook until tender, 5 to 7 minutes.
3. Add the ricotta, pumpkin purée, chicken broth, nutmeg and a pinch of salt; stir until combined.
4. Stir in pasta and coat with sauce. Add reserved pasta water to thin sauce to desired consistency. Mix in Parmesan cheese.
5. Serve pasta with sprinkling of Parmesan cheese and chopped sage.

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CROSSWORD Canada Across and Down

ACROSS

1. Cramp
6. Ship's stern
9. Got Z's
14. __ couture
15. Quarrel
16. Real estate listings
17. Those in the know, __ circle
18. Rapa __ (Easter Island)
19. "West Side Story" (1961) character
20. Canadian journalist (b.1938 - d.2005) who anchored "ABC World News Tonight"; 2 wds.
23. Merle Oberon title role film of 1941
24. Ms. Moore
25. "Gimme a __" (Wait!)
28. Tea service piece
30. Green-on-copper
32. Theatrically shows approval
36. "Coach" star, Jerry Van __
38. Rime
39. Discounted
41. Pasta consistency with a bit of a bite; 2 wds.
43. Mr. Sharif
44. Meddlesome [var. sp.]
46. Not yet established
47. Red-suited Christmastime workers
49. Eyeliner of ancient Egypt
51. Mr. Barrett of early Pink Floyd
52. Gem type
54. Antelope of Africa
58. Town in Quebec on the Richelieu River; 2 wds.
62. The blahs
64. Matterhorn, for one
65. Bert's pal
66. Cake shop
67. Hall & Oates
68. Architectural base
69. "In case you __ noticed..."
70. Currency in Japan
71. Fishhook line



DOWN

1. Transport
2. Comic strip square
3. Like your uncle's wife
4. War horse
5. Most in the mood for Christmas
6. "Rule, Britannia"

13. US airport screening org.
21. Skull section
22. Urge forward
26. Related materially
27. Symbol on a computer keyboard's 6 key
29. Taro root
31. And so...
32. Christianity symbol
33. Catriona __ Doan (Canadian Olympian/broadcaster)
34. Like a rusty car sitting out in the middle of nowhere
35. Component
37. Boxing match ender, informally
40. Come to pass as a consequence
42. Lack of shine
45. Sunny yellow - Cloud white ...and what other 'up there' hue?; 2 wds.
48. Painter or sculptor
50. "And I Love __" by The Beatles
53. Gisele's football hubby Tom
55. Item worn in the kitchen
56. Jack of "Twin Peaks"
57. Feared tool at the dentist's office
59. The Byrds' repetitive song title word!
60. Stratford-Avon
61. Boat's stability provider
62. Ordinal suffix
63. Ms. Long

*IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Today the Moon is in your sign, magnifying your emotions. Keep this in mind if you start to overreact to something going on around you or to something someone says.

Taurus April 21 - May 21
Work alone or behind the scenes, because this will suit you best today. You are ambitious right now. However, you should wait to get all the facts before you take action.

Gemini May 22 - June 21
A personal discussion with a female acquaintance will be meaningful for you today. In fact, this person might influence you to change your future goals.

Cancer June 22 - July 23
Personal details about your private life seem to be public knowledge today, especially in the eyes of bosses and VIPs. Do you need to do some damage control?

Leo July 24 - Aug. 23
Do something to expand your world and give yourself a sense of adventure. Go someplace you've never been before. Shake things up a little!

Virgo Aug. 24 - Sept. 23
Today is a good day to focus on financial matters related to inheritances, shared property, taxes and debt. Clear up loose details if you can.

Libra Sept. 24 - Oct. 23
Because the Moon is opposite your sign today, you have to be cooperative with others. Be tolerant. Be compromising. At the very least, listen to what others have to say.

Scorpio Oct. 24 - Nov. 22
Do something to make yourself feel better organized and more on top of your game. Tidy your work area. Make some proactive lists. You want to get back in the game!

Sagittarius Nov. 23 - Dec. 21
This is a playful, lighthearted day. Enjoy romantic liaisons with others. Fun activities with children will delight. The arts, sports events and social occasions are great choices.

Capricorn Dec. 22 - Jan. 20
Home, family and your private life are your top priorities today. A conversation with a female relative will be important.

Aquarius Jan. 21 - Feb. 19
Trust your hunches today. Instead of thinking things through, you might have a feeling about what you should do. Sometimes, this works better.

Pisces Feb. 20 - March 20
Finances are on your mind today, and that's a good thing. It's important to know what you own and what you owe, because information is power. Get the facts so that you are in the know.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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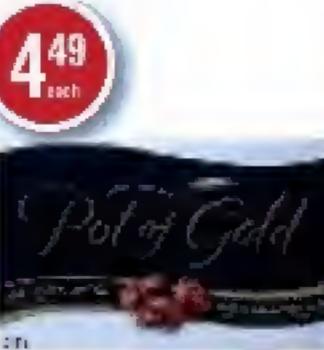
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